

Dear International Archers and Coaches,

USA Archery and the Easton Archery Center of Excellence (EACE) invite you to attend our annual International Camp and Tournament, February 11-19, 2019. At this camp, you will have the opportunity to get a head start on outdoor training and competition for the 2019 season. Our state-of-the-art center is located within the Chula Vista Elite Athlete Training Center (formerly the US Olympic Training Center), and boasts some of the best training conditions in the United States.

The 2019 Camp will focus on preparation for the outdoor season by offering individual and team training exercises that are challenging and effective in replicating tournament situations. There will also be scheduled individual training time where all the EACE's amenities will be available for use. Use of the High-Speed Camera System can also be scheduled to help with tuning or fine technique review. Following the camp portion of the week, there will be a STAR registered tournament consisting of a 72-arrow ranking round, a team round and individual ORs.

The EACE is located 30 minutes south of San Diego International Airport. Our center's amenities include a 70m indoor range, 70m outdoor range, equipment workshop, weight training facility, bow storage/locker rooms and meeting and conference rooms. Onsite housing may also be available for teams wishing to stay on campus. We hope that you will be able to join us in February for our camp at the EACE. To register for the camp, or for more information, email USA Archery High Performance Manager, Leticia Malavasi, at [lmalavasi@usarchery.org](mailto:lmalavasi@usarchery.org). RSVP to participate in this International Camp **by September, 14<sup>th</sup>, 2018.**

All Registration payments must be received by December 10<sup>th</sup> 2018. Please see attached schedule, information, and pricing.

TENTATIVE SCHEDULE (subject to change)

**Training Camp**

*February 11th*

Arrivals and Open Practice

*February 12th*

7:30am: Breakfast at Training Center Dining Hall  
9:00am: Training Activity 1 – EACE Outdoor Range  
12:00pm: Lunch at Training Center Dining Hall  
1:30pm: Open Training  
5:30pm: Dinner at Training Center Dining Hall

*February 13th*

7:30am: Breakfast at Training Center Dining Hall  
8:00am: Open practice  
9:30am: Training Activity 2  
12:00pm: Lunch at Training Center Dining Hall  
1:30pm: Training Activity 3  
3:00pm: Training Activity 4  
6:00pm: Dinner at Training Center Dining Hall

*February 14th*

7:30am: Breakfast at Training Center Dining Hall  
8:00am: Open practice  
12:00pm: Lunch at Training Center Dining Hall  
1:30pm: Training Activity 5  
3:00pm: Training Activity 6  
6:00pm: Dinner at Training Center Dining Hall

*February 15th*

7:30am: Breakfast at Training Center Dining Hall  
8:00am: Open practice  
9:30am: Training Activity 7  
12:00pm: Lunch at Training Center Dining Hall  
1:30pm: Training Activity 8  
3:00pm: Training Activity 9  
6:00pm: Dinner at Training Center Dining Hall

*February 16th*

7:30am: Breakfast at Training Center Dining Hall  
8:00am: Open practice  
9:30am: Round Robin Matches  
12:00pm: Lunch at Training Center Dining Hall  
1:30pm: Round Robin Session 2  
5:00pm: Dinner at Training Center Dining Hall  
7:30pm: Open practice

**Tournament**

*February 17th*

7:30am: Breakfast at Training Center Dining Hall  
9:00am: Official Practice for 72 Arrow Ranking Round  
9:20am: 72 Arrow Ranking Round  
11:30am: Lunch at Training Center Dining Hall  
1:00pm: Practice ends for Team Round  
1:20pm: Team Round, Round Robins  
5:00pm: Dinner at Training Center Dining Hall

*February 18th*

7:30am: Breakfast at Training Center Dining Hall  
9:00am: 2 ends of practice for OR  
11:30am: OR Gold Medal Matches  
12:30pm: Lunch at Training Center Dining Hall  
1:30pm: Open Training  
5:00pm: Dinner at Training Center Dining Hall

*February 19th*

Departures and Open Practice



# EACE AMENITIES AVAILABLE

## **Indoor Range:**

The EACE's indoor range holds 12 Rinehart Wave targets moveable to any desired distance up to 70m. The range's amenities include air conditioning, timing system and blank bale targets. Coaches have plenty of room to watch their archers and can get an overhead view from the second floor viewing balcony.

## **Outdoor Range:**

The outdoor range holds 34 Rinehart Wave targets moveable up to 90m. Archers have the option to shoot under the shade of the EACE's 2nd floor outdoor viewing balcony. The outdoor range is directly in front of the EACE so athletes have access to bathrooms, locker rooms, and a three-minute walk to onsite housing.

## **Equipment Work Shop:**

The equipment workshop has everything an archer needs to maintain their equipment while training at the EACE. Standard equipment includes an arrow saw, torch and glue, a string jig and a string stretcher. Other equipment tools are a 64,000 frame per second high-speed camera set up, delayed video feedback, projected video feedback and 3D motion capture system. The equipment workshop also contains a blank bale target.

## **Weight room:**

Archers may access the weight room at the EACE to maintain their strength and conditioning routine. Equipment includes stationary bikes, free weights, a squat rack, three benches, medicine balls and a punching bag. Lockers and a locker room with shower are also available for use.

## **Conference and meeting rooms:**

The EACE holds three conference and meeting rooms that can be used by coaches and archers for meetings. All conference rooms contain a TV and chairs. These rooms can be reserved or requested as necessary.

*The EACEs state of the art equipment workshop and high-speed camera system*



*Shooting can be done anytime of the day by utilizing the EACEs 70m indoor range*



# PRICING AND OPTIONS

## ***ATHLETES***

Price: \$375 per athlete

Includes: Camp registration, tournament registration, EACE facility use fee and awards.\*

## ***COACHES***

Price: \$200 per coach

Includes: EACE facility use fee and awards.\*

## ***HOUSING AND MEAL OPTIONS***

Optional onsite housing:

Please email Nicole Jones ([njones@trainatchulavista.com](mailto:njones@trainatchulavista.com)) or +1 (619) 656-1500 for pricing guidelines and availability. Includes:

- Onsite housing at the Elite Athlete Training Center centrally located for a three-minute walk to the field and dining hall.
- All suites have closet space, bathrooms and showers, a mini fridge, microwave, sink and a balcony.
- Rooms are \$130 per bed or \$270 per suite (per night)

Optional Meal Pass: \$54 per day which includes:

- Meals at the Elite Athlete Training Centers onsite dining hall
  - Meals are buffet style and have options designed for high performance athletes
  - Meals include Breakfast, Lunch and Dinner

*\*Please note that housing and transportation are the responsibility of the athlete or team and are not included in the cost of the camp, however we will assist in recommending housing and transportation options if requested.*

*The Easton Archery Center of Excellence*



*EACE Field 1 during the 2017 International Camp*

